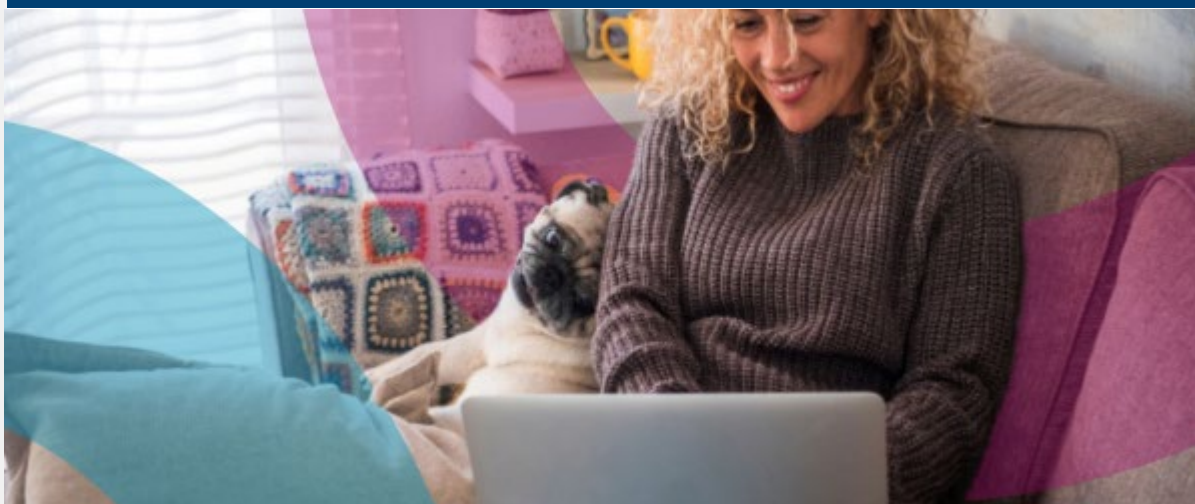


LOG IN



Did you know you can get a monthly update on your pension?

We understand that retirement planning isn't always the top of people's to do list, but your pension is one of the key benefits of your career so it's really important to check in on your Benefit Statement.

You can access your Benefit Statement at any time* via [My Pension Online](#) (MPO). It gives you an illustration of what your benefits are currently worth and gets updated each month with the latest information. You can ensure all your employment details are up to date too. This will make the process run smoothly when you do come to retire.

If you're unsure about any of the information in your Statement or how to find it, [check out our short video](#). If you think that any of the information in your Statement is inaccurate or there's missing service, we recommend that you contact the relevant employer.

*You can view a Statement online in most cases, however if you're taking Phased Retirement or are in Re-employment this may not be possible. You can contact us if you wish to view one.

[View your Statement](#)



Changes to how you log in

We recently changed the way you log in to My Pension Online.

You used to confirm your identity via a unique password and PIN number. With Multi Factor Authentication you'll be presented with three different options to confirm your identity - Authenticator App, SMS or Email. Depending on your preferred option, you'll be sent a passcode via that method.

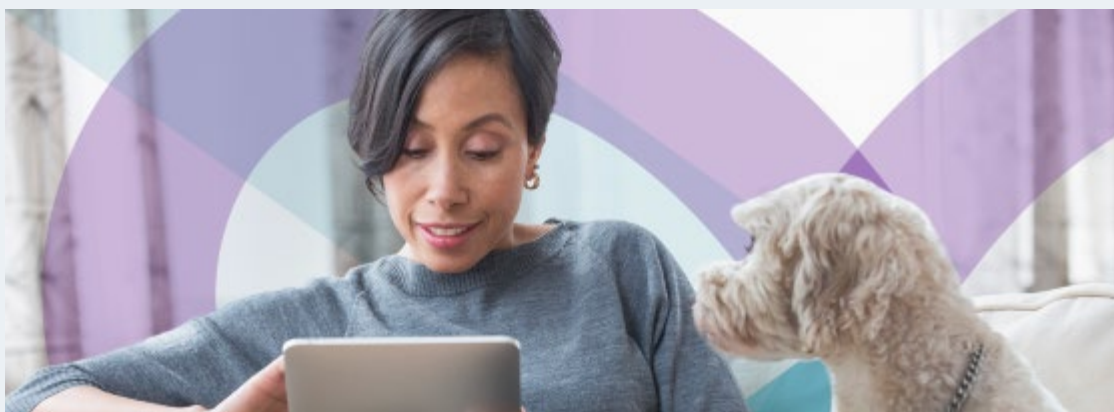
Find out more about [MFA online](#). We've also a [short video](#) to help you with the process.



Thanks to our Member Forum

Last year we launched our Member Forum. Thank you to everyone who has taken the time to get involved and given us feedback. We'd like share a few of the things the Member Forum has helped to influence so far.

How you've helped



Transitional Protection Update

If you're affected by [Transitional Protection](#) you'll want to know what it means for you as soon as possible.

Currently, until stage two of the legislation process is completed there's no

legal basis for the Scheme to implement the remedy. We therefore won't be able to provide options to new retirees, or those affected during the remedy period until October 2023 at the earliest. As we'll have to contact all members affected by the remedy from this date, please bear with us as it's likely to take some time to reach everyone.

You can find out more about stage two on our [website](#). For now, if you're planning to retire, we encourage you to continue with your plans as normal.

[Find out more](#)



Protect your loved ones

Your pension isn't just about you, it also provides for your family if the worst should happen.

When it comes to death benefits it's important to know the difference between a death grant and a long-term pension.

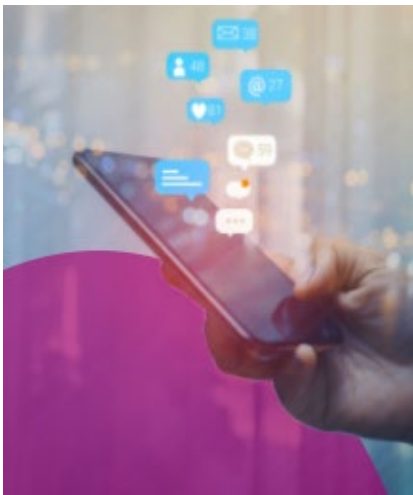
You can nominate any individual or number of individuals to receive a one-off death grant payment. The long-term pension is only paid to those shown to be financially dependent on you such as your partner and/or children.

[Read our Death benefits factsheet](#)

Understand your pension

Pensions can seem complicated. That's why we've created videos to help highlight key information. We've videos for new teachers, those planning retirement and more in between. Take a look at our YouTube page for the latest videos.

[Watch our videos](#)



Join our community

It's easy to stay up to date with us wherever you are. Follow us on any of our social channels for the latest news and updates. We're on:

- Facebook
- Twitter
- Instagram
- LinkedIn
- YouTube



Member presentations

We've recently been running member presentations to help you understand more about your pension. Following feedback, we've decided to break the presentations up into smaller topics to ensure they're as relevant as they can be for you. The three topics we'll be covering in these separate sessions are:

- Introduction for new starters to the Teachers' Pension Scheme
- Planning for Retirement
- Getting the most from your teacher's pension

To find out more about these sessions, how to register and when they're taking place, please take a look at our website.

[Find out more](#)



Industrial action

We wanted to make you aware of the impact of industrial action on your pension.

Any days where strike action is taking place are counted as ‘days out’ and won’t be counted as part of your pensionable service, however you’ll remain covered for the ‘in-service’ death grant if you die while on strike.

Find out more

www.teacherspensions.co.uk



Contact Us | Glossary | Legal | Department for Education

Copyright © Teachers’ Pensions 2022 All rights reserved.
Pension Scheme Registry Number 10005209 (2010 scheme and earlier); and 10276733 (2015 scheme)

[Click here](#) to view online | [Subscription](#) for these emails
The content of this email is based on our understanding of the current legislation governing the Teachers’ Pension Scheme. In the event that there is a disagreement between the content of this email and the overriding Regulations, then the content of the Regulations will take precedence. The benefits of the Teachers’ Pension Scheme, and the tax treatment of pensions may be subject to change in the future.